



HÔPITAL
ÉLISABETH-BRUYÈRE
HOSPITAL

Palliative Care

Bruyère Is There.



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Bruyère
CONTINUING CARE 

Bruyère Is Continuing Care.



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Bruyère Continuing Care is the champion of well-being for aging Canadians and those requiring Continuing Care, **helping them to become and remain as healthy and independent as possible through innovative and compassionate care, research, education and advocacy.**

Bruyère Continuing Care provides:

- Complex Continuing Care
- Palliative Care
- Rehabilitation Care
- Care of the Elderly
- Long-Term Care
- Family Medicine Care
- Research for Care

Bruyère Continuing Care is:

- Élisabeth Bruyère Hospital
- Saint-Vincent Hospital
- Élisabeth Bruyère Research Institute
- Saint-Louis Residence
- Élisabeth Bruyère Residence
- Bruyère Family Medicine Centre
- Primrose Family Medicine Centre
- Bruyère Foundation

www.bruyere.org

Palliative Care

Mission of the Palliative Care Program

In the spirit of respect for human dignity, integrity, and spiritual and cultural values, the Bruyère Continuing Care Palliative Care program is dedicated to relieving suffering and enhancing the quality of life for people living with advanced cancer or other terminal illnesses.

What is Palliative Care?

Palliative care aims to relieve suffering and improve the quality of living and dying. It addresses the physical, psychological, social, spiritual and practical issues of the patient and their family, as well

as their associated expectations, needs, hopes and fears. Palliative care also helps the patient and their family cope with loss and grief during the illness and bereavement process.

Palliative Care Unit

Our 36-bed palliative care unit located in the Élisabeth Bruyère Hospital admits patients based on their pain and other symptoms and/or end-of-life care needs. Patients may be admitted for a short period of time to manage difficult pain and symptoms, as well as complex psychosocial and spiritual needs. These patients have



high nursing and medical care requirements, as well as requiring care for psychosocial and spiritual issues. They may be discharged once these needs have been met.

Other patients may be admitted for care at the end of life when their care needs cannot be met in other settings.

On the unit, a team of health care professionals work closely with patients and their families to provide care in an open, friendly environment, where all cultures and beliefs are respected.

The health care team includes: physicians, nurses, social workers, a spiritual care worker, a physiotherapist, an occupational therapist, a recreation therapist, a psychologist, a pharmacist, a dietitian and volunteers who work together to address the complex needs of these patients and their families.

As an academic palliative care program, the palliative care team members are mentors and teachers for learners in all the health care professions. Through our educational and research programs, our learners will be able to provide better care to the patients and families they work with in other care settings throughout their careers.

Visiting Hours

There are no restrictions for visiting hours on the palliative care unit. Access to the building between 8:30 p.m. and 6:30 a.m. is limited to the main entrance at 43 Bruyère Street.

Overnight Stays

Families are always welcome to stay overnight. However, due to safety concerns, we ask that only one family member stay in your room.

Patient Escort

If you require an escort due to medical issues, the hospital will pay for the escort.

Otherwise, it is expected that family members or friends will accompany the patient.



Ward Room

Room Accommodations

The palliative care unit consists of ward (three-bed), semi-private (two-bed) and private rooms. Room allocation follows our 'first bed available' policy.

If you have additional health care insurance and wish to request a semi-private or private room, we will provide this accommodation to you, if it is available. If your preference is not available, a request will be made to our admissions department, and

when a room becomes available you will be transferred. Please be advised there may be a wait list for semi-private and private rooms.

Parking

There is a charge for parking in our lot. Street parking is also available. Limited monthly and weekly permits are available for those who visit frequently. Please see a parking attendant for further information.

Smoking

In keeping with the Smoke-Free Ontario Act and the philosophy of Bruyère Continuing Care of promoting a safe and healthy environment, no smoking is permitted indoors anywhere at Bruyère Continuing Care sites.

If you wish to smoke, you will be assessed upon admission. A decision will be made whether you may smoke independently, with restrictions such as supervision, or not



at all. Assistance of any kind must be provided by visitors/family. Staff and volunteers will not transport or supervise patients for the purpose of smoking. Smoking is prohibited in front of all Bruyère Continuing Care facilities. Smoking is allowed in the outdoor smoking shelter located behind the Élisabeth Bruyère Hospital.

Pets

Pets may be brought to visit, but the pet owner must sign a form to confirm that the pet's immunization is up to date before visiting. Only cats and dogs may visit. To request a form, please speak to the unit clerk.

Safety Concerns

Due to fire regulations and safety, families cannot bring electrical appliances and home furnishings into their rooms.

Telephones and Televisions

Bedside telephone service is available. If you are unable to dial out, your phone can

automatically be routed to Telecommunications, to assist you with your calls.

Wall-mounted television sets are provided. For the comfort of others, you are asked to use earphones while watching television. Televisions can also be found in family lounges.

Personal Belongings

We advise against bringing expensive jewellery and valuables such as credit cards, cheque books or cash into your room. In order to minimize loss, please label your glasses and hearing aids.

An account can be opened in the Accounts Receivable and Trust Office located on the main floor of the Élisabeth Bruyère Hospital (room 140 or by telephone: 613-562-6262, ext. 6345) for safekeeping.



Shenkman Family Resource Room

Frequently Asked Questions

When can I be considered for admission to the palliative care unit?

If you are living with an advanced incurable disease and require daily assessment and interventions to address pain and other symptoms or require end-of-life care.

How can I be admitted to the palliative care unit?

A referral form must be completed by your physician or other health care provider (i.e., social worker or Community Care Access Centre (CCAC) case manager).

Each application is prioritized based on patient care needs.

What is the palliative care unit environment like?

The palliative care unit consists of ward (three-bed), semi-private (two-bed) and private rooms. There are family rooms, kitchens and a multi-faith room for use by patients and their families. There is also a resource room which has internet access and a library.

Can I be discharged from the palliative care unit?

Yes. Our interprofessional team ensures appropriate and efficient discharges for patients no longer requiring the level of care provided on our palliative care unit.

What does a room on the palliative care unit cost?

Provincial health insurance (i.e., OHIP) covers the cost of a ward room. If you have additional private health insurance coverage, you should confirm the level of accommodation covered

by your policy. If you wish to upgrade your accommodation, additional costs will apply. Please contact the Accounts Receivable and Trust Office located on the main floor of the Élisabeth Bruyère Hospital (room 140 or by telephone: 613-562-6262, ext. 6345).

How can I find out more?

For more information about the palliative care unit, please call the Clinical Admissions Coordinator at 613-562-6262, ext. 4063.



Capital Talk Family Room