

## ***Palliative Medicine – Bruyere***

### ***Temporary Orientation Manual Updates due to Covid-19***

*Last updated July 20, 2020*

**The Orientation Manual you have received contains information regarding your rotation in Palliative Medicine. However, due to Covid-19, there have been some changes to some of that information. As you know, changes can be frequent at this time, so this document serves as the source for updates to the Orientation Manual.**

#### **Entry to Bruyere, Screening & Directions to the PMRP Office**

Please do not follow the directions to the PMRP office that are in the manual. The **ONLY** entrance that you may enter is at **43 Bruyere**. This is the main entrance, with the roundabout in front. You can still park in our parking lot, east of the building.

When you enter at 43 Bruyere St. Make sure you have your hospital pass **ON** and **VISIBLE**. It can be any hospital pass on your first day, however, **if you already have a Bruyere pass, please use this one for the duration of your rotation.**

There is now a link/app you can use to get screened into Bruyere faster:

<https://covid19-verification.bruyere.org/>

Simply fill it in, and then you will get an immediate email/response.

Should the link not work for you, you will need to fill in a paper Screening Form, which are on tables in the vestibule.

When you enter, you'll be directed one of the screeners; just show your phone or hand in your paper form, and present your ID Card. You will be provided with your PPE as you provide front-line care.

If anyone inquires what your role is, say "**resident-physician**" and that you are providing care on the **5<sup>th</sup> floor PCU**.

**On your first day**, once you have completed screening, head down the hall, past the convenience store, and stop when you get the elevator and stairwell that are side-by-side. You can take the elevator one floor up (2<sup>nd</sup> floor), or use the stairs. The code to get in the stairwell is **1234\***. To exit the stairwell, press the black button that is up to your right.

When you exit the stairwell or elevator, turn right, and then right again. It's just a few steps until you need to turn left. Walk to the end of the hall, and my office will be on your right, **284-J**.

#### **Parking**

If you can, please buy a pass before you come in (directions are in the main manual); if you can't, tell the parking attendant that you are a "physician resident" and that you will buy the pass once you come in. If they still give you a hard time, tell them to call "Bernard" and that you are one of Sarah's residents.

## PPE

Bruyere is committed to ensuring that you have the equipment you need to protect you and your patients. You will receive PPE each day when you enter the building. Staff is asked to dispose of used PPE in the PPE collection bins on the units to ensure adequate supply levels.

## Scrubs/Doctor's Coat

In the manual, it says we do not wear doctor's coat around here, and that it's business casual wear.

Covid-19 has changed that. Most of our staff now is wearing scrubs, or a white doctor's coat.

Because of the type of hospital that we are, we do not have scrubs to distribute to staff or residents. If you have your own, or have your own white coat to ask, we ask, just as we are asking our staff, to wash them every day, and do not wear the same ones each day if they aren't washed first.

We do have showers facilities, located in the locker room, and you will be shown where they are on your first day.

## Hospital ID Cards

The Manual states that you can use and wear any hospital ID during this rotation. The only time this is acceptable is when you enter the building on your first day. You will be given a Bruyere ID Card during your orientation session on your first day. This will require that your picture be taken.

## On Call Rooms

The location of the resident on-call rooms has moved. The new location will be on **3-JB. They are now room numbers 348-JB and 352-JB.**

This is a temporary location due to renovations. They are not accessible by elevator, and can only be accessed by a small set of stairs. **If this would be an issue for you, please let me know immediately, so that we can make alternate arrangements.**

The keys are updated down in telecommunications. The procedure to obtain the key and use the room has not changed, and is in the main Orientation Manual.

Should you need to use the room, when you pick up the room key, please ask for security to escort you there, as it can be confusing to get there the first time!

## Teaching Sessions

As you may have read in your Orientation Manual, we have LEAP sessions every Monday at noon, and have Tuesday Teachings as well.

In order to comply with physical distancing, we ask that you please have a laptop or tablet and earphones/earbuds in order to join this event. You may go to the cafeteria where it is spacious, conference room 276-J if there is space available or outside, as long as you have access to the Bruyere Wi-Fi or your own data plan (at your own expense).

You will be receiving the Zoom invitations for these events.

You may review the LEAP sessions in the below link, and if you have questions, you may review them with your attendings.

<https://www.dropbox.com/sh/rj42ciuzbwisa47/AABrJG7WKNTPWIIhWh0qwzMea?dl=0>

### **PCU specific procedures**

**GOWNS:** Please be aware that nurses are reusing isolation gowns to preserve PPE supply. Gowns will be hung on hooks at the entrance of the patient's room with the "dirty" side of the gown facing the wall.

In general, this measure is for staff who need to enter and exit the patient's room multiple times per shift. We do not expect physicians to reuse gowns but encourage you to attempt to conserve PPE as much as possible within clinical limitations.

DO NOT bring a gown out of room to hang up. If you bring it out it's to dispose of it in a common laundry hamper using foot pedal.

**HAMPERS:** i.e. we would like PPE stations and hampers for every room – unfortunately we DO NOT.

– KEY PRINCIPLES – 1. Dispose of gloves in the patient's room into garbage before exiting – 2. Hand Hygiene as gloves and hands are the main transmitters of surface touching. 3. Then if you do have to dispose of a gown and masks – safely walk over to a disposing set-up station/hampers without touching anyone/anything on the way (COVID19 RNA does NOT jump)..

**Bed linens/towels etc....** – again not enough hampers for each room therefore bring hamper safely to door of room before your PPE and enter. Then when you are done with patient you use hamper with foot pedal to dispose of linens etc... Always HAND HYGIENE after handling any linen or garbage hamper.

### **PURELL is getting low:**

– use soap and water every time it's possible. It's also good to use soap and water after so many Purell uses – good for your hands and keep lotioned (not a word...) to protect your skin

### **WIPES (Excel/Cavi) are getting low:**

– IMPORTANT to protect supply – CAP the containers so they do NOT dry out. If equipment is small – use only one wipe. You DO NOT need 2 or more wipes to wipe down a stethoscope or thermometer down – contact time is the KEY.

- DO NOT bring 2 or 3 bottles into a patient room.
- Alternatives are being looked at