

Dining-to-Learn

Advance Care Planning

Webinar: <http://webcast.otn.ca/mywebcast?id=73898514>

Background

This webinar is part of the Palliative Care Academy's *Dining-to-Learn 2017-2018 Series*. It was developed with funding by the *Champlain Local Health Integration Network* to provide information, tools and exposure to Long Term Care staff in the Ottawa region on the topic of Advance Care Planning, thereby encouraging conversation and comfort in Advance Care Planning with residents and families within the Ottawa region, as well as to improve the palliative experience.

Presenters

- Dr. Jill Rice, Champlain Regional Palliative Care Lead
- Suzanne Hale, Community Educator, Champlain Hospice Palliative Care Program

Process

This webinar is 2 hours long and can be used in a number of ways:

- As a self-guided education session
- As a team education session
- As a tool to be shared with Family Council's within the Long Term Care community

Discussion

Below are some questions you can use to prompt discussions after viewing the Webinar:

- How could you introduce Advance Care Planning with your family/Long Term Care home?
- What tools did you appreciate from this webinar?
- What should you do if you meet a Substitute Decision Maker who is incapable of making a decision?
- What challenges have you met regarding Advance Care Planning?
- What other information would you like regarding Advance Care Planning?

Certificates

Each participant can receive a "Certificate of Participation" upon viewing the webinar in full, and completing an evaluation form. The evaluation **must be completed before March 19, 2018**. A hard copy of the certificate is provided with this package. The link to the online version of the **evaluation form** is:

<https://goo.gl/forms/NVnD4X9hvlfUa8pd2>

Major Time Stamps

00:01:17	Introduction
00:16:10	What is A.C.P.?
00:21:51	Health Care Consent & S.D.Ms
00:31:30	Decision Making
00:40:59	Fortune Cookies
00:47:23	ACP: Starting the Conversation
00:54:40	ACCEPT study – D. Heyland et Al
00:59:41	Reflection Tool
01:07:05	Goals of Care
01:14:23	Case Studies & Local Examples
01:42:25	Questions & Conclusion

Resources

- Speak Up: www.advancecareplanning.ca
- Ontario Advance Care Planning Workbook: www.makingmywishesknown.ca
- Champlain Hospice Palliative Care Program: www.champlainpalliative.ca
- Consent and Capacity Board: www.ccboard.on.ca/scripts/english/index.asp
- Fortune Cookies: www.advancecareplanning.ca/across-canada/conversation-cookies-a-sweet-way-to-have-the-conversation/
- Substitute Decision Maker Hierarchy Ontario: www.makingmywishesknown.ca/substitute-decision-maker-hierarchy/

Resources

If you have any questions on the topic of ACP, please contact: palliativeeducation@bruyere.org and you will be connected with an Expert!