

## Dining-to-Learn

# Attachment Theory

**Webinar:** <http://webcast.otn.ca/mywebcast?id=73898726>

## Background

This webinar is part of the Palliative Care Academy's *Dining-to-Learn 2017-2018 Series*. It was developed with funding by the *Champlain Local Health Integration Network* to provide information, tools and exposure to Long Term Care staff in the Ottawa region on the topic of Attachment theory, thereby assisting in understanding patients and family members through the palliative care process.

## Presenters

- Dr. Philip Domingue, Social Worker

## Process

This webinar is 2 hours long and can be used in a number of ways:

- As a self-guided education session
- As a team education session
- As a tool to be shared with Family Council's within the Long Term Care community

## Discussion

**Below are some questions you can use to prompt discussions after viewing the Webinar:**

- How does attachment theory affect your residents?
- How does attachment theory affect the family members of your residents?
- How can we, as healthcare providers, adapt to the different attachment styles of our residents and family members?
- What other information would you like Attachment Theory?

## Certificates

Each participant can receive a "Certificate of Participation" upon viewing the webinar in full, and completing an evaluation form. The evaluation **must be completed before March 19, 2018**. A hard copy of the certificate is provided with this package. The link to the online version of the **evaluation form** is:

<https://goo.gl/forms/NVnD4X9hvlUa8pd2>

## Major Time Stamps

|          |   |
|----------|---|
| 00:05:10 | History of Attachment Theory                            |
| 00:13:18 | 2 Interactive Behavior Systems                          |
| 00:27:19 | Attachment in Adulthood                                 |
| 00:30:18 | 4 Attachment Styles                                     |
| 00:31:30 | Mary Ainsworth “Strange Situation” Video and discussion |
| 00:53:09 | Attachment Categories & Dimensions                      |
| 1:00:25  | Mourning  |
| 1:01:57  | Grief   |
| 1:10:00  | Dual Process Model                                      |
| 1:33:47  | Case Examples & Questions                               |

## Resources

- Attachment Style Questionnaire: <http://www.web-research-design.net/cgi-bin/crq/crq.pl>

## For Further information

If you have any questions on the topic of ACP, please contact: [palliativeeducation@bruyere.org](mailto:palliativeeducation@bruyere.org) and you will be connected with an Expert!