Study reveals the changing health profiles of new long-term care residents in Ontario

A study led by Amy Hsu, PhD, reveals the increasing complexity of residents in long-term care across Ontario.*

She and her team examined 16 years of ICES data and analyzed it using a custom computer algorithm.

Key Findings

- The number of people who are 85+ years old increased from 45% to 54%
- **1-in-4 long-term care residents** will have 7+ chronic conditions upon entry
- **1-in-2** residents now have dementia upon admission to long-term care
- **66% of long-term care residents** now have 9+ prescription medications
- New residents are now more likely to have **physical and cognitive impairments** upon admission

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